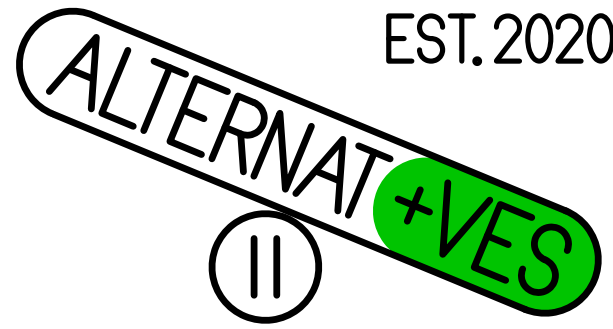




EST. 2020



By training parents, we can transform  
drug and alcohol recovery

Tina and Dave are ITC Certified, Family Peer Support Specialists. We have supported families using **CRAFT**, and the **Invitation To Change** approach, since 2016.

Trained by the Center for Motivation and Change, New York, our program is based upon science and kindness.

## Alternat+ves ITC Zoom groups

- Free and open to families and professionals
- Facilitated by parents with lived experience
- Absence of stigmatizing language and “advice”
- Positive holistic approach, group interaction welcome

Online  
Zoom Link      Sun & Tues 6 pm UK (1 pm ET USA)  
**8149 8667 810**

In person  
E-mail      **Brett Young Centre** (B63 3ST)  
**alternatives@gmx.com**  
for joining details

Website      **<https://www.alternat-i-ves.org>**

