



By training parents, we can transform drug and alcohol recovery

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Alternat+ves ITC Zoom groups

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- Free and open to families and professionals
- Facilitated by parents with lived experience
- Absence of stigmatizing language and “advice”
- Positive holistic approach, group interaction welcome

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Online Zoom Link Sun & Tues 6 pm UK (1 pm ET USA) **8149 8667 810**

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In person E-mail **Brett Young Centre** (B63 3ST) **alternatives@gmx.com** for joining details

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Website <https://www.alternat-i-ves.org>

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