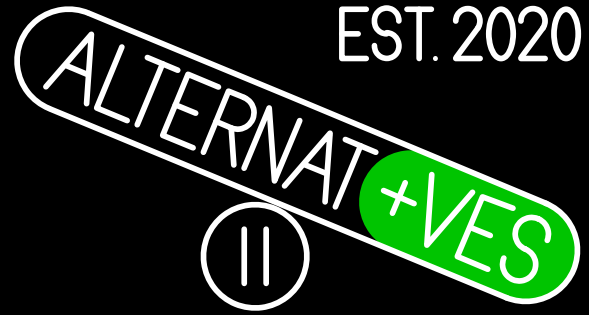




EST. 2020



By training parents, we can transform drug and alcohol recovery.

Tina and Dave are ITC Certified, Family Peer Support Specialists. We have supported families using [CRAFT](#), and the [Invitation To Change](#) (ITC) approach since 2016.

Trained by the Center for Motivation and Change (CMC), New York, our program is based upon science and kindness.

Alternat+ves ITC Zoom groups

- Free and open to families and professionals
- Facilitated by parents with lived experience
- Absence of stigmatizing language and “advice”
- Positive holistic approach, group interaction welcome

Online Sun & Tues at 6 pm UK time (1pm ET)

Zoom Link [8149 8667 810](#)

In person [Brett Young Carers' Hub \(B63 3ST\)](#)

Email alternatives@gmx.com

Website <https://www.alternat-i-ves.org>