



By training parents, we can transform drug and alcohol recovery

Tina and Dave have supported families using CRAFT since 2016. In 2022, we were really pleased to have completed the latest Invitation To Change Family Support training. Developed by the Center for Motivation and Change in New York. We love this approach, which is based upon science and kindness..

Alternat+ves ITC Zoom groups

- Free and open to all, no registration required
- Facilitated by parents with lived experience
- Absence of stigmatizing language and "advice"
- Positive holistic approach, cross talk welcome

Online Sun & Tues 6 pm UK (1 pm ET)

Zoom Link 8149 8667 810

In person Brett Young Carers' Hub (B63 3ST)

E-mail alternatives@gmx.com

for joining details

Website https://www.alternat-i-ves.org